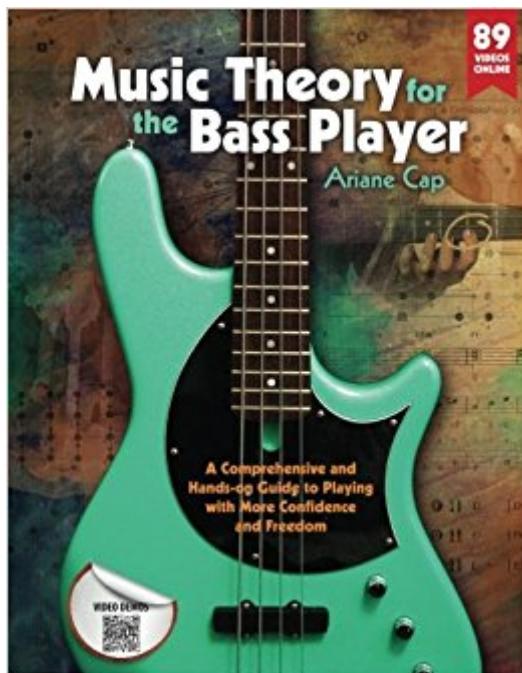


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# Music Theory For The Bass Player: A Comprehensive And Hands-on Guide To Playing With More Confidence And Freedom



## Synopsis

Music Theory for the Bass Player is a comprehensive and immediately applicable guide to making you a well-grounded groover, informed bandmate and all-around more creative musician. Â Included with this book are 89 videos that stream from the author's blog (free). Â This is a workbook, so have your bass and a pen ready to fill out the engaging Test Your Understanding questions! Â This version is revised for typos and to add video flags. Â Have you always wanted to learn music theory but felt it was too overwhelming a task? Perhaps all the books seem to be geared toward pianists or classical players? Â Do you know lots of songs, but don't know how the chords are put together or how they work with the melody? If so, this is the book for you! Â Starting with intervals as music's basic building blocks, you will explore scales and their modes, chords and the basics of harmony. Â Packed with fretboard diagrams, musical examples and exercises, more than 180 pages of vital information are peppered with mind-bending quizzes, effective mnemonics, and compelling learning approaches. Â Extensive and detailed photo demonstrations show why relaxed posture and optimized fingering are vital for good tone, timing and chops. Â You can even work your way through the book without being able to read music (reading music is of course a vital skill, yet, the author believes it should not be tackled at the same time as the study of music theory, as they are different skills with a different practicing requirement. Reading becomes much easier once theory is mastered and learning theory on the fretboard using diagrams and patterns as illustrations, music theory is very accessible, immediately usable and fun. Â This is the definitive resource for the enthusiastic bassist! Â This book and the 89 free videos stand on their own and form a thorough source for studying music theory for the bass player. If you'd like to take it a step further, the author also offers a corresponding 20 week course; this online course works with the materials in this book and practices music theory application in grooves, fills and solos. Information is on the author's blog.

## Book Information

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## Customer Reviews

"If you are serious about exploring the bass guitar while making the best use of your precious time, this book will be an essential asset to your creative journey. Ariane has accomplished nothing less than a flawless road map from the microcosm of basic building blocks to the macrocosm of advanced comprehension. The book's holistic methodology skillfully combines the unavoidable facts of music with an elegant psychological approach to the art of learning itself. *Music Theory for the Bassist* will take you right to the edge of your nest from where you can jump into the unknown with a powerful set of wings to fly by." Kai Eckhardt (Garaj Mahal, Billy Cobham, John McLaughlin)  
"I met Ariane a few years back and since our meeting I've only used her for all my bass tracks. Her inventive style, expertise, and time are exceptional. I suggest that everyone look at her book and listen to her playing. She underscores the true meaning of 'foundation with style and groove'." Keith Olsen Multi Grammy award-winning Producer (Journey, Foreigner)  
"I've read a lot of books about how to play the bass, and I've read lots of books about music theory, but this was the first book I've read that covers music theory from the perspective of a bass player. Ariane teaches you to be a musician first, and a bass player second, which is how it should be. The book is appropriate for all levels, even the absolute beginner with no prior musical experience. Experienced bassists will learn new ways to understand how music works, and how the bass fits in with the rest of the band." Dan Callaway Bassist  
"Ariane Cap has given us a remarkably comprehensive and accessible work suitable for bassists and all musicians who play with bassists. In chapter 13, entitled "Technique Basics" she begins by stating: " Be mindful that learning proper technique is as much about the mechanics of the body and bass as it is about building consciousness of what you do and how you do it." From my medical and musical viewpoint, it is a marvelous rarity when a master musician simultaneously addresses ergonomics, instrumental mechanics, and the substance of creating beautiful musical lines. Ariane has succeeded mightily."  
Robert E. Markison, MD Hand Surgeon, Musician Clinical Professor of Surgery, UCSF School of

Medicine Co-founder, UCSF Health Program for Performing ArtistsCertified Biofeedback

Practitioner

Austrian Ariane Cap is a bassist, pianist, educator, author, blogger, writer and composer living in California. An eclectic and versatile musician, she has covered many styles, live and in the studio. Collaborators include Grammy award-winning producer Keith Olsen, finger style guitar virtuoso Muriel Anderson, German flamenco duo Tierra Negra, Celtic rock band Tempest, Austrian funk artists The Mozart Band, Latin disco stars Generation Esmeralda, kindie rock sensation The Sippy Cups and Cirque du Soleil. As a leader, Ariane has teamed up with innovative jazz bassoonist Paul Hanson to create the critically-acclaimed chamber jazz duo, OoN. Her education includes diverse institutions such as the Academy of Music in Vienna, Austria, and the University of Miami, as well as inspiring studies with Victor Wooten, Steve Bailey, Kai Eckhardt, Michael Manring, Carol Kaye and Chuck Rainey. The founder and director of Step Up Music Vallejo, she also teaches at the California Jazz Conservatory and has facilitated and lead numerous classes, seminars and workshops at schools and universities. Ariane is also an educator for the online study powerhouse Truefire. She has taught and created online classes for the Academy of Art University ª San Francisco, and was on faculty for the Golden Gate Bass Camp, among others. Ariane has been featured for her eclectic virtuosity, innovative playing techniques as well as her solid and infectious groove skills in Bass Player Magazine, BassQuarterly.de, Bass Musician Magazine and others. An in-demand and multi-faceted performer, she aims to pass on what the serious bassist needs to succeed in today's diverse and challenging musical landscape. Ariane's keen interest in optimizing practice habits and years of experience instructing individuals and groups have resulted in a concise and focused teaching style that offers highly effective learning methods that get results.

This is a great book for all bassists who want to unlock the mysteries of music theory as it applies directly to the bass. The book is laid out in easy to follow sections with great online video material that enhances the learning experience. Ari does a wonderful job explaining and demonstrating important musical concepts.

Great book- maybe not for pure beginner, but very useful information, explanations and exercises. I have played guitar for many years and this book really helped me with a recent conversion to bass. 4 strings good.

This book belongs in every bass player's library. Want to learn how to create super cool bass solos? You need some music theory under your belt. This book makes it accessible and practical. Plus Ariane has great little exercises that keep things interesting. I'm learning a ton from this book!

Ariane has a very unique way of teaching theory. As a visual learner her methods are very helpful. Not only that but she teaches theory catered to THE BASSIST. There's not a lot of books like this. It's very challenging for me as a beginner, for sure. But I know that if I continue to put the time into this book I will be rewarded. Thanks Ariane! P.S. She is an incredible bassist herself. Seriously.

I bought two different books to learn bass. This one is the easier book to follow. The companion Youtube videos paired with the book have been a great for learning because fitting in person lessons into my budget and schedule is difficult. This is the next best thing.

This is one of the best books for bass that I've seen. Very well done. One thing to mention. This is not for brand new players. You should have a basic understanding of music reading. Other than that, highly recommended. There are also videos online that go right along with the book.

A lot of information. Very thorough. Very thoughtfully presented. Requires serious attention. Like taking a music course.

It's great. I love it. The content is spot-on. What would make it absolutely perfect if it was spiral-bound. I'll be working on sevenths and it will flip back to thirds. I have it at my desk but imagine the same occurs on a music stand.

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